

College of Engineering and Technology, Coimbatore 641 032.

www.hicet.ac.in

Club: YOGA CLUB

Academic Year: 2024-2025

INDEX OF EVENTS

Activity	Date	Name of the Event	Number of Participants
1	13.06.2024	The Connection between Yoga and Spirituality	47
2	21.6.2024	International Yoga Day	59
3	21.06.2024	Yoga and Meditation	116
4	21.06.2024	Yoga for Self and Society	67
5	26.10.2024	Yoga:Live Your Best Life Every Day	105
6	19.2.2025	Maha Shivarathri Band Issue Mela	267
7	2.5.2025	Yoga for Youth Empowerment	97







College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

CIRCULAR

Ref/HICET/YOGACLUB/2024-2025/32

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.

Coordinator

Colony

Principal

Date: 03.06.2024

PRINCIPAL
Hindusthan College Of Engineering & Technology
COMBATORE - 641 032

Copy to

1.CEO

2.Principal

3.Dean academics





College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 32

Date: 03.06.2024

Time : 1.00pm-1.20.pm

Minutes: Ref/HICET/YOGACLUB/2024-2025/32

- The coordinator welcomed the student members and faculty members to the meeting.
- ➤ It is decided to arrange a program on "The Connection between Yoga and Spirituality" for interested students and faculty members.
- ➤ It was finalized to conduct the program on 13.06.2024 from 11.30 a.m. to 12.30 pm.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.

Coordinator

MOD

PRINCIPAL

Hindusthan College Of Engineering & Technolog-COIMBATORE - 641 032.





College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	100
2.	Dr.S.J.Pradeeba	ASP	W
3.	Dr.R.Poornima	ASP	Don
4	Mrs.M.Sumithasree	AP	-100
5	Dr.V.Nirmaladevi	ASP	0
6	Mrs.N.Nithya	AP	No
7	Mrs.B.Mahalakshmi	AP	D
8	Mrs.T.Sathya	AP	Sitting
9	Jayaprasanth	STUDENT	1
10	Sudharsan	STUDENT	Sillen
11	Kalaiselvan	STUDENT	305
12	Karunakaran	STUDENT	XX
13	Vijayalakshmi	STUDENT	All
14	Guhan	STUDENT	Qx
15	Balasudharshan	STUDENT	ela



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

CIRCULAR

Ref/HICET/YOGACLUB/2024-2025/33

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.

Coordinator

(offred

PRINCIPAL

industrian College Of Engineering & Technology

COIMBATORE - 641 032.

Date: 12.06.2024

Copy to

1.CEO

2.Principal

3.Dean academics



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 33

Date: 12.06.2024

Time : 1.00pm-1.20.pm

Minutes: Ref/HICET/YOGACLUB/2024-2025/33

- > The coordinator welcomed the student members and faculty members to the meeting.
- ➤ It is decided to arrange a program on "International Yoga Day" for interested students and faculty members.
- ➤ It was finalized to conduct the program on 21.06.2024 from 10.30 a.m. to 12.30 pm.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.

Coordinator

Bery

Rrindipal

STEER OF THE PROPERTY OF THE P

Hindusthan College Of Engineering & Technol.
BOIMBATORE - 641 032.



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	100
2.	Dr.S.J.Pradeeba	ASP	W
3.	Dr.R.Poornima	ASP	Don
4	Mrs.M.Sumithasree	AP	-100
5	Dr.V.Nirmaladevi	ASP	0
6	Mrs.N.Nithya	AP	No
7	Mrs.B.Mahalakshmi	AP	D
8	Mrs.T.Sathya	AP	Sitting
9	Jayaprasanth	STUDENT	1
10	Sudharsan	STUDENT	Sillen
11	Kalaiselvan	STUDENT	305
12	Karunakaran	STUDENT	XX
13	Vijayalakshmi	STUDENT	All
14	Guhan	STUDENT	Qx
15	Balasudharshan	STUDENT	ela



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

CIRCULAR

Ref/HICET/YOGACLUB/2024-2025/34

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.

Coordinator

MAN

PRINCIPAL
Hindusthan College Of Engineering & Technology
College At Abb : RM1 833

Date: 12.06.2024

Copy to

1.CEO

2.Principal

3.Dean academics



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 34

Date: 12.06.2024

Time : 1.00pm-1.20.pm

Minutes: Ref/ HICET/YOGACLUB/2024-2025/34

- > The coordinator welcomed the student members and faculty members to the meeting.
- ➤ It is decided to arrange an outreach program on "Yoga and Meditation" for interested students and faculty members.
- ➤ It was finalized to conduct the program on 21.06.2024 from 10.00 a.m. to 12.30 pm.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.

Coordinator

HoD

Principal

Hindusthan College Of Engineering & Technology
COIMBATORE - 641 032.





College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	100
2.	Dr.S.J.Pradeeba	ASP	W
3.	Dr.R.Poornima	ASP	Don
4	Mrs.M.Sumithasree	AP	-100
5	Dr.V.Nirmaladevi	ASP	0
6	Mrs.N.Nithya	AP	No
7	Mrs.B.Mahalakshmi	AP	D
8	Mrs.T.Sathya	AP	Sitting
9	Jayaprasanth	STUDENT	1
10	Sudharsan	STUDENT	Sillen
11	Kalaiselvan	STUDENT	305
12	Karunakaran	STUDENT	XX
13	Vijayalakshmi	STUDENT	All
14	Guhan	STUDENT	Qx
15	Balasudharshan	STUDENT	ela



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

CIRCULAR

Ref/ HICET/YOGACLUB/2024-2025/35

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.

Coordinator

CEMIN

PRINCIPAL
Hindusthan College Of Engineering & Technolog
COIMBATORE - 641 032

Date: 12.06.2024

Copy to

1.CEO

2.Principal

3.Dean academics



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 35

Date: 12.06.2024

Time : 1.00pm-1.20.pm

Minutes: Ref/ HICET/YOGACLUB/2024-2025/35

- > The coordinator welcomed the student members and faculty members to the meeting.
- > It is decided to arrange an outreach program on "Yoga for Self and Society" for interested students and faculty members.
- ➤ It was finalized to conduct the program on 21.06.2024 from 2.30 p.m. to 4.30 pm. through online mode.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.

Coordinator

HOD

Principal

PRINCIPAL
Hindusthan College Of Engineering & Technology
COMBATORE - 641 032.





College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	100
2.	Dr.S.J.Pradeeba	ASP	W
3.	Dr.R.Poornima	ASP	Don
4	Mrs.M.Sumithasree	AP	-100
5	Dr.V.Nirmaladevi	ASP	0
6	Mrs.N.Nithya	AP	No
7	Mrs.B.Mahalakshmi	AP	D
8	Mrs.T.Sathya	AP	Sitting
9	Jayaprasanth	STUDENT	1
10	Sudharsan	STUDENT	Sillen
11	Kalaiselvan	STUDENT	305
12	Karunakaran	STUDENT	XX
13	Vijayalakshmi	STUDENT	All
14	Guhan	STUDENT	Qx
15	Balasudharshan	STUDENT	ela



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

CIRCULAR

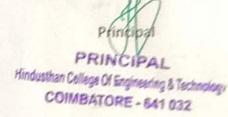
Ref/ HICET/YOGACLUB/2024-2025/36

Date: 21.06.2024

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.







Copy to

1.Principal

2.Deans academics& Students



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 36

Date : 21.06.2024

Time : 1.00pm-1.20.pm

Minutes: Ref/ HICET/YOGACLUB/2024-2025/36

- > The coordinator welcomed the student members and faculty members to the meeting.
- ➤ It is decided to arrange an outreach program on "Live Your Best Life Every Day" for interested students and faculty members.
- > It was finalized to conduct the program on 26.10.2024 from 10.30 a.m. to 12.30 pm. at Marutham Hall.
- ➤ Faculty members were asked to send the invitation to all the students and encourage them to active participation.











College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	160
2.	Dr.S.J.Pradeeba	ASP	40
3.	Dr.R.Poornima	ASP	Done
4	Mrs.M.Sumithasree	AP	
5	Dr.V.Nirmaladevi	ASP	N.
6	Mrs.N.Nithya	AP	to
7	Mrs.B.Mahalakshmi	AP	D
8	Mrs.T.Sathya	AP	Sitting
9	Jayaprasanth	STUDENT	A.
10	Sudharsan	STUDENT	Sidhun
11	Kalaiselvan	STUDENT	345
12	Karunakaran	STUDENT	XX
13	Vijayalakshmi	STUDENT	Mi
14	Guhan	STUDENT	Qx
15	Balasudharshan	STUDENT	Pala



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

CIRCULAR

Ref/ HICET/YOGACLUB/2024-2025/37

Date: 14.02.2025

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.



PRINCIPAL Hindusthan College Of Engineering & Technology COIMBATORE - 641 032

Copy to

1.Principal

2.Deans academics& Students



430



Hindusthan

College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 37

Date: 14.02.2025

Time : 1.00pm-1.20.pm

Minutes: Ref/ HICET/YOGACLUB/2024-2025/37

- The coordinator welcomed the student members and faculty members to the meeting.
- ➤ It is decided to arrange an outreach program on "Maha Shivarathri Band Issue Mela" for interested students and faculty members.
- It was finalized to conduct the program on 19.02.2025 from 9.30a.m. to 4.30 pm. near ATM.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.



En HOD

SOUTH CEE SI

PRINCIPAL
Hindusthan College Of Engineering & Technology
COIMBATORE - 641 032



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	(3)
2.	Dr.S.J.Pradeeba	ASP	M
3.	Dr.R.Poornima	ASP	Down
4	Mrs.M.Sumithasree	AP	Ba
5	Dr.V.Nirmaladevi	ASP	
6	Mrs.N.Nithya	AP	do
7	Mrs.B.Mahalakshmi	AP	A
8	Mrs.T.Sathya	AP	Satur
9	Jayaprasanth	STUDENT	A.
10	Sudharsan	STUDENT	Salur
11	Kalaiselvan	STUDENT	XX18
12	Karunakaran	STUDENT	Mr.
13	Vijayalakshmi	STUDENT	141
14	Guhan	STUDENT	ON
15	Balasudharshan	STUDENT	3





College of Engineering and Technology, Walley Campus, Pollachi Highway, Coimbatore 641 032.

CIRCULAR

Ref/HICET/YOGACLUB/2024-2025/38

Date: 24.04.2025

250

It is hereby informed to that yoga club is going to organize a program for students and faculty members. So Club Coordinators and student coordinators are informed to attend the meeting without fail at 1.00 pm at room number 300.



Sort HoD

PRINCIPAL
Hindusthan College Of Engineering & Technology
COMBATORE - 641 032

Copy to

1.CEO

2.Principal

3.Dean academics



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

YOGA CLUB

MINUTES OF MEETING

PROGRAM - 38

Date: 24.04.2025

Time : 1.00pm-1.20.pm

Minutes: Ref/ HICET/YOGACLUB/2024-2025/38

- ➤ The coordinator welcomed the student members and faculty members to the meeting.
- It is decided to arrange an outreach program on "Yoga for Youth Empowerment" for interested students and faculty members.
- ➤ It was finalized to conduct the program on 02.05.2025 from 9.30a.m. to 4.30 pm. at Marutham Hall.
- Professor Suguna from Sky Yoga Centre will conduct the program.
- Faculty members were asked to send the invitation to all the students and encourage them to active participation.

Coordinator

HOD



PRINCIPAL
Hindusthan College Of Engineering & Technolog
COMBATORE - 641 032



College of Engineering and Technology,
Valley Campus, Pollachi Highway, Coimbatore 641 032.
www.hicet.ac.in

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	Mik
2.	Dr.S.J.Pradeeba	ASP	W
3,	Dr.R.Poornima	ASP	Du
4	Mrs.M.Sumithasree	AP	7
5	Dr.V.Nirmaladevi	ASP	M
6	Mrs.N.Nithya	AP	do
7	Mrs.B.Mahalakshmi	AP	P
8	Mrs.T.Sathya	AP	Saltry
9	Jayaprasanth	STUDENT	861
10	Sudharsan	STUDENT	Sudlem
11	Kalaiselvan	STUDENT	. V.18
12	Karunakaran	STUDENT	W.
13	Vijayalakshmi	STUDENT	1/11
14	Guhan	STUDENT	10
15	Balasudharshan	STUDENT	Rola

