

June 2025-2026

Re Constitution of **YOGA & MEDITATION CLUB:-**

Year of establishment 2020-2021

Objectives

- 1) To enable the students to have good health.
- 2) To practice mental hygiene.
- 3) To possess emotional stability.
- 4) To integrate moral values.
- 5) To attain higher level of consciousness.

Activities: Yoga & Meditation classes schedule

1. Twice in a Semester for students
2. Once in a Semester for Faculty

Meeting: Once in a Semester

Chairman : Principal

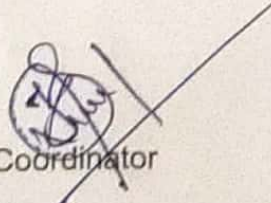
Coordinator: Dr.K.Kavithamani-Asso.Prof.-Maths-9047054447

Members (Teachers)

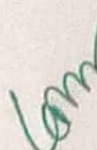
1. Mr.S.Vivek-AP -Civil-9566951005
2. S.J.Pradeeba-AP-Chemistry
3. M.Sumithasree-AP -English
4. Dr.V.Nirmaladevi-AP -Chemistry
5. N.Nithya-AP -Physics
6. B.Mahalakshmi-AP -Physics

Members (Students)

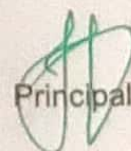
- 1.K.Vigneswaran
- 2.K.Yogavigneshkumar
- 3.K.Diwakar
- 4.S.Harishkumar
- 5.S.N.Arunkumar
- 6.S.Dineshkumar



Coordinator



HoD



Principal



PRINCIPAL
Hindusthan College Of Engineering & Technology
COIMBATORE - 641 032