



**Hindusthan**

**College of Engineering and Technology,  
Coimbatore 641 032.**

[www.hicet.ac.in](http://www.hicet.ac.in)

Club : YOGA CLUB

Academic Year :2020-2021

### INDEX OF EVENTS

Activity	Date	Name of the Event	Number of Participants
1	27.10.2020	Inauguration WEBINAR ON YOGA	1200
2	16.11.2020	Webinar on-Tips to Improve Physical and Mental Fitness	1525

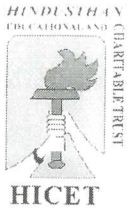
  
Coordinator

Dr. K. Karthamani



  
Principal

**PRINCIPAL**  
Hindusthan College of Engineering & Technology  
COIMBATORE - 6.


**Hindusthan**
**College of Engineering and Technology,**
**Valley Campus, Pollachi Highway, Coimbatore 641 032.**
**www.hicet.ac.in**
**Report for Organized**


Name of the Faculty :Dr.K.KAVITHAMANI	
Department :MATHEMATICS	Designation :ASSOCIATE PROFESSOR
Nature of the Event:Conference /Seminar /Workshop/FDP/Refresher Course/ Training / Industry Visit / <b>Guest Lecture</b>	
Category:International / National / State / Regional / Industry / University / <b>College Level</b>	
Title :WEBMINAR ON YOGA	
Venue : HICET	
No. of Days :1	Dates : 27.10.2020
Fundedby :UGC/CSIR/DST /DSIR/TNSCST /ICSSR /NCERT /INSA/....	
No. of Participants :1200	Registration charges (if any) : NIL
Name and Designation of Resource Person(s) : DEVAPRABHA DEVARAJAN B.COM,PG.DIP.YOGA YOGA TEACHER SUGUNA INTERNATIONAL SCHOOL GHANDIPURAM, COIMBATORE	
Outcomes of the Event :Improve personal fitness and getting positive thoughts through participation in <b>yoga</b>	
Remarks and Feedback on the Event: GOOD	
Plan of Implementing in HICET (if any) : Planned live session in future.	
Signature of the Faculty	Principal



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Hindusthan College of Engineering & Technology  
GOIMBATORE - 641 032



Copy of the Event Brochure / Invitation:



**HINDUSTHAN COLLEGE OF ENGINEERING AND TECHNOLOGY**  
**VALLEY CAMPUS, POLLACHI HIGHWAY, COIMBATORE**  
[AN AUTONOMOUS INSTITUTION]  
APPROVED BY AICTE, AFFILIATED TO ANNA UNIVERSITY, CHENNAI  
ACCREDITED WITH 'A' GRADE BY NAAC

**YOGA CLUB ORGANIZES**


**WEBINAR**  
**ON YOGA**


**CONVENER**  
Dr.K.Karunakaran  
Principal


**CO-ORDINATORS**  
YOGA CLUB, HICET

**STUDENT CO-ORDINATOR**  
SHRIRAM.S 2nd yr/CSE Dept

**GOOGLE MEET (CLICK)**  
<https://meet.google.com/spt-qyjb-lmp>

**Resource Person**  
  
Devaprabha.Devarajan  
Bcom,B.A,PG.Dip.Yoga.  
Suguna International school,  
Gandhipuram Coimbatore  
As a Yoga instructor.

**To Register**  
(Click the QR Code)  


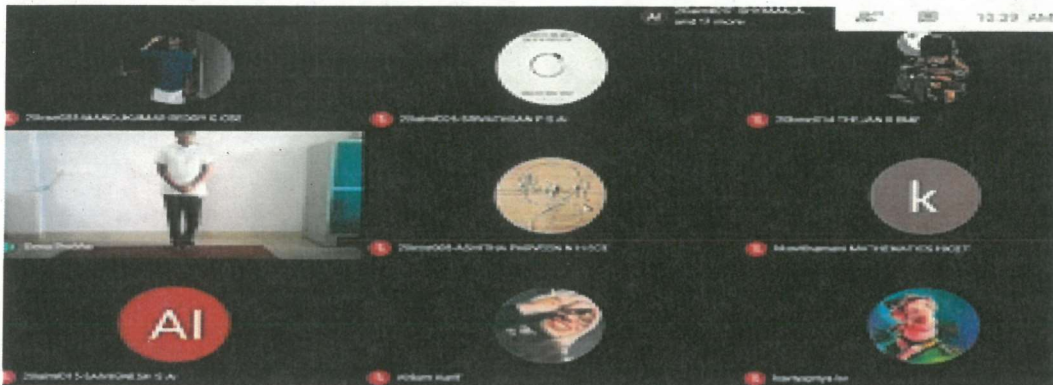
**JOIN US**  
**10.30 AM - 12.00 PM**  
 **OCTOBER 27**





## Geo-Tagged Photographs of Event – 4 Nos

Ms.D.Devaprabha is explaining about meditation



She is doing yoga



Sample certificates for Participation:

**YOU TUBE LINK:** <https://youtu.be/6UXDEUxf14I>

**FEED BACK : GOOD**







# Hindusthan

## College of Engineering and Technology,

Valley Campus, Pollachi Highway, Coimbatore 641 032.

www.hicet.ac.in


### Report for Webinar Organized

Name of the Faculty :Dr.K.KAVITHAMANI	
Department :MATHEMATICS	Designation :ASSOCIATE PROFESSOR
Nature of the Event:Conference / <b>Seminar</b> /Workshop/FDP/Refresher Course/ Training / Industry Visit / Guest Lecture	
Category:International / National / State / Regional / Industry / University / <b>College Level</b>	
Title :TIPS TO IMPROVE PHYSICAL AND MENTAL FITNESS	
Venue : HICET	
No. of Days :1	Dates : 16.11.2020
Fundedby :UGC/CSIR/DST /DSIR/TNSCST /ICSSR /NCERT /INSA/....	
No. of Participants :1525	Registration charges (if any) :
Name and Designation of Resource Person(s) : T.V.JEYALAKSHMI PRESIDENT SKY YOGA TRUST(Saravanampatti) AND SKY YOGA CENTRE (Sidhdipudur)	
Outcomes of the Event :Improve personal fitness through participation in <b>yoga</b>	
Remarks and Feedback on the Event: GOOD	
Plan of Implementing in HICET (if any) : Need live session	
Signature of the Faculty	Principal



**PRINCIPAL**  
Hindusthan College of Engineering & Technology  
COIMBATORE - 641 032

Copy of the Event Brochure / Invitation:




**Hindusthan College of Engineering and Technology**  
Valley Campus, Pollachi Highway, CBE

**YOGA CLUB ORGANIZES**

**WEBINAR ON**

**TIPS TO IMPROVE PHYSICAL AND MENTAL FITNESS**




**Resource Person:**  
**T.V. Jeyalakshmi, M.Com.M.A.Yoga**  
**PRESIDENT**  
**SARAVANAMPATTI SKY YOGA TRUST**  
**AND SIDHAPUDHUR SKY YOGA CENTER**  
**Contact.No :98942 71616**


**CLICK ON THE QR CODES**

**16 NOV, 2020**  
**10.30 AM-12.00 PM**


**To Register**



**Google meet link**



**YouTube link**



**Dr.K.Karunakaran**  
**Principal**  
**CONVENER**

**YOGA CLUB, HICET**  
**EVENT CO-ORDINATORS**

**SHRIRAM.S**  
**2 nd yr/CSE Dept.**  
**STUDENT CO-ORDINATOR**



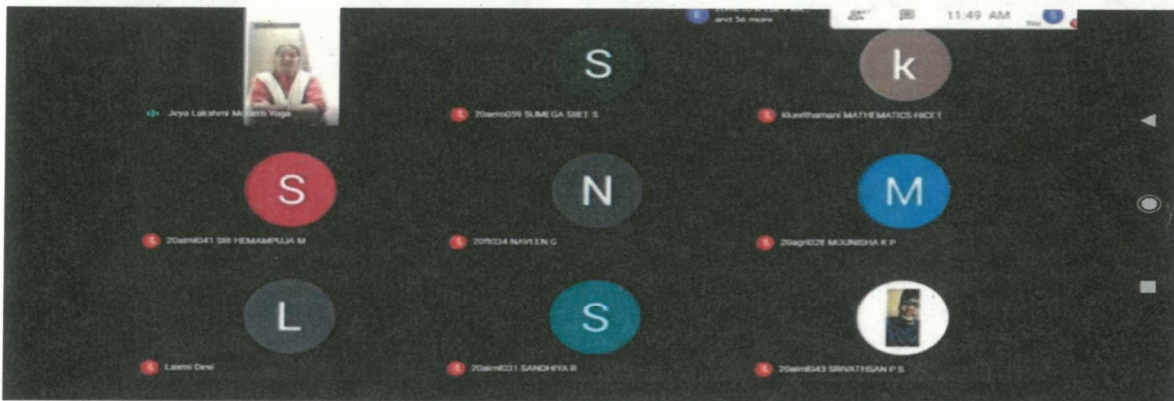


## Geo Tagged Photographs of Event –

### *Important of food*

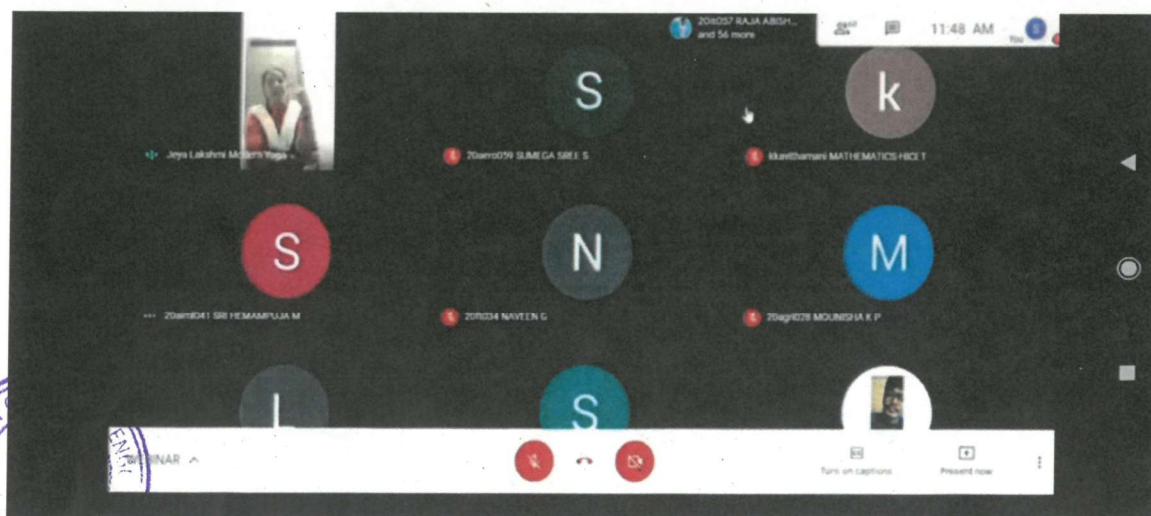
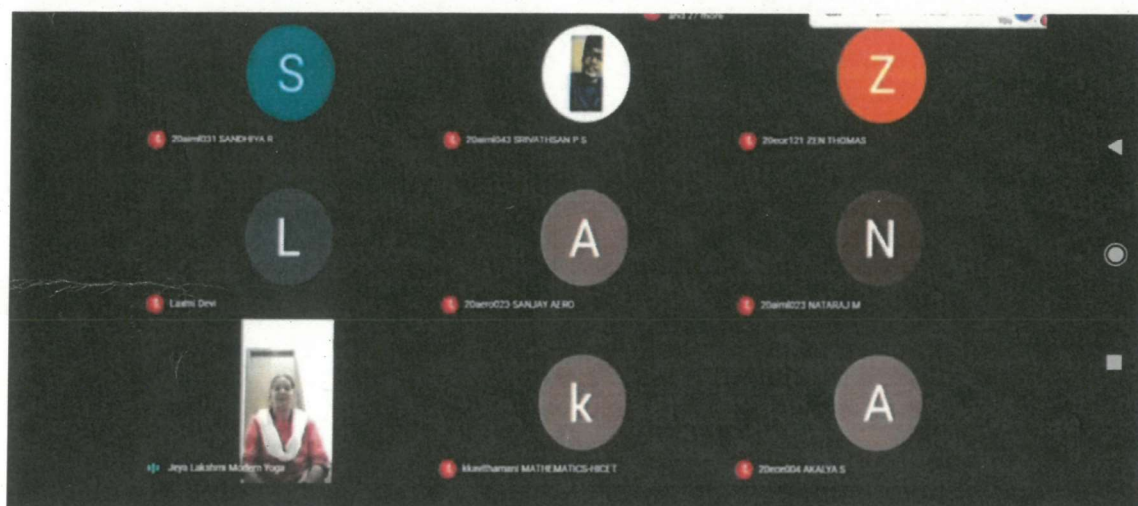
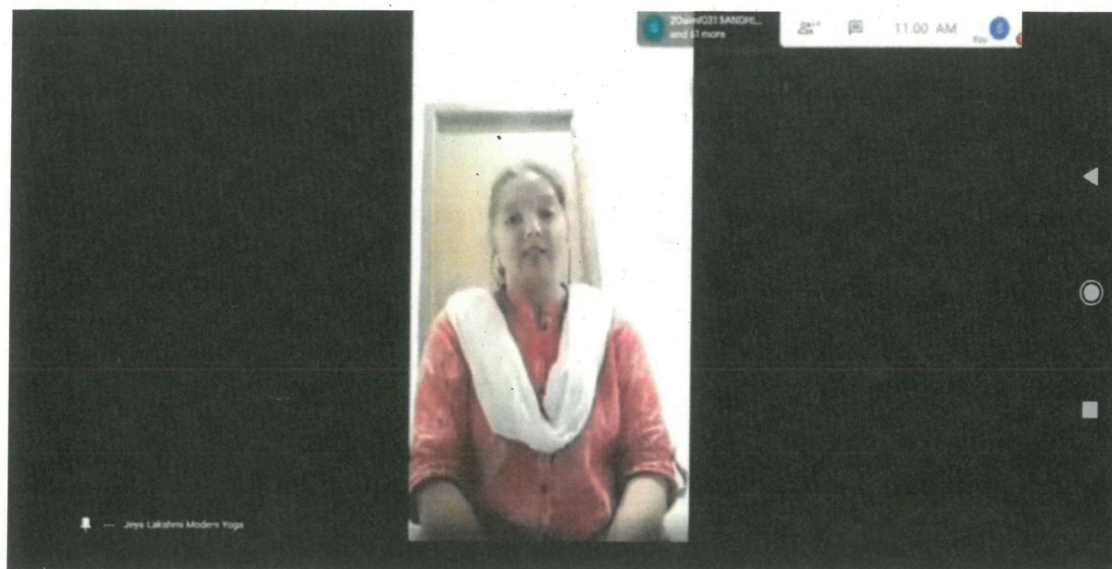


### *Ms.Jeyalakshmi explains how to develop strength*





## Talks on self improvement



You tube link : <https://youtu.be/DpAGPWeswyY>

