

Club: YOGA CLUB

Academic Year: 2020-2021

INDEX OF EVENTS

Activity	Date	Name of the Event	Number of Participants
1	27.10.2020	Inauguration WEBINAR ON YOGA	1200
2	16.11.2020	Webinar on-Tips to Improve Physical and Mental Fitness	1525

Coordinator

De & Lavithamani



Principal

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Hindusthan College of Engineering & Japhoniugy
COIMBATORE - 6.



College of Engineering and Technology, Valley Campus, Pollachi Highway, Coimbatore 641 032. www.hicet.ac.in

### **CIRCULAR**

Ref/ HICET/YOGACLUB/2020-2021/Odd/01

Date: 20.10.2020

It is hereby informed to attend a meeting at F300 for YOGA CLUB and Faculty Student members are informed to attend the meeting without fail at 1.00pm.

Co-ordination
Dr. b. Konithaman

Copy to

1. The HOD.

2. The Dean Academics

3. The faculty members.



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Principal Principal



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#### **YOGA CLUB**

#### **MINUTES OF MEETING**

#### PROGRAM - 1

Date: 20.10.2020

Time : 1.00 om - 1.20 pm

Minutes: Ref/ HICET/YOGACLUB/2020-2021/Odd/01

- The co-ordinator welcomed the students members and faculty members for the meeting.
- It was discussed that more activities should be conducted in the semester to give yoga practice/ seminar to students and faculty members.
- ➤ It was finalized to conduct Webinar on Yoga on 27.10.2020 to our students.
- Faculty members were asked to send the invitation to all the students and encourage them for active participation.

Co\_ordinaler

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Principal

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## YOGA CLUB- MINUTES OF MEETING

Dr.K.Kavithamani Mr.D.Amalraju Mr.S.Vivek	ASP	
	AP	
Mr.S.Vivek		May.
1	AP	
.Ms.Geetha	AP	0)
Ms.K.Kavitha	AP	(A)
Dr.S.J.Pradeeba	ASP	C- Medah
Dr.R.Poornima	ASP	3 3 1
Dr.E.Sumathi	ASP	NO.
M.Sumithasree	AP	
Dr.V.Nirmaladevi	ASP	
N.Nithya	AP	K/
B.Mahalakshmi	AP	Pa
R.Parthasarathy	AP	Q.
S.Sivakumar	AP	. ,
Varsha.C	STUDENT	Vanha
Srivishnu.R	STUDENT	
Harshavardhan.G	STUDENT	Halle
Arunrathnavel.C	CTUDENT	Harsha Arun
Sujitha.A	STUDENT	Switter
SundaresaRagavan.S	STUDENT	Sujither Sundaresh
	Ms.K.Kavitha Dr.S.J.Pradeeba Dr.R.Poornima Dr.E.Sumathi M.Sumithasree Dr.V.Nirmaladevi N.Nithya B.Mahalakshmi R.Parthasarathy S.Sivakumar Varsha.C Srivishnu.R Harshavardhan.G Arunrathnavel.C Sujitha.A	Ms.K.Kavitha AP Dr.S.J.Pradeeba ASP Dr.R.Poornima ASP  M.Sumathi ASP M.Sumithasree AP Dr.V.Nirmaladevi ASP N.Nithya AP B.Mahalakshmi AP R.Parthasarathy AP S.Sivakumar AP Varsha.C Srivishnu.R Harshavardhan.G ASP  STUDENT Arunrathnavel.C





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#### **CIRCULAR**

Ref/ HICET/YOGACLUB/2020-2021/Odd/02

Date: 09.11.2020

It is hereby informed to attend a meeting at F300 for YOGA CLUB and Faculty Student members are informed to attend the meeting without fail at 1.00pm.

Co-ordinaler Dr. b. ben Herman

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COLMBATORE = 641 632

Copy to

- 1. The HOD.
- 2. The Dean Academics
- 3. The faculty members





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#### **YOGA CLUB**

#### MINUTES OF MEETING

PROGRAM - 2

Date: 09.11.2020

Time : 1.00 om - 1.20 pm

Minutes: Ref/HICET/YOGACLUB/2020-2021/Odd/02

- The co-ordinator welcomed the students members and faculty members for the meeting.
- It was discussed that more activities should be conducted in the semester to give yoga practice/ seminar to students and faculty members through physical mode.
- It was finalized to conduct "TIPS TO IMPROVE PHYSICAL AND MENTAL FITNESS" for our students on 16.11.2020.
- Also it helps the participants that on how to fit our body and mind through yoga.
- Faculty members were asked to send the invitation to all the students and encourage them for active participation.

Principal

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PRINCIPAL

Hindusthan College of Engineering & Technology

GOIMBATORE - 641 032

Co-ordinaler Co-ordinaler



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### YOGA CLUB- MINUTES OF MEETING

S.NO	NAME	FACULTY/STUDENT	SIGN
1.	Dr.K.Kavithamani	ASP	(Su)
2.	Mr.D.Amalraju	AP	Dect
3.	Mr.S.Vivek	AP ·	
4	.Ms.Geetha	AP	
5	Ms.K.Kavitha	AP	B
6	Dr.S.J.Pradeeba	ASP	Mhedel
7	Dr.R.Poornima	ASP	The second second
8	Dr.E.Sumathi	ASP	
9	M.Sumithasree	AP	
10	Dr.V.Nirmaladevi	ASP	M
11	N.Nithya	AP	M
12	B.Mahalakshmi	AP	B
13	R.Parthasarathy	AP	
14	S.Sivakumar	AP	
15	Varsha.C	STUDENT	Varsha
16	Srivishnu.R	STUDENT	S~
17	Harshavardhan.G	STUDENT	Harrha
18	Arunrathnavel.C	STUDENT	Arun
19	Sujitha.A	STUDENT	Swithn
20	SundaresaRagavan.S	STUDENT	Sujithn Sundaresh

